

# James Collins-Clark

## Rugby Curriculum Vitae

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### Profile

A forward thinking, highly competent and reliable individual with experience of working in a high-speed professional sporting environment. Adaptable, versatile and focused on any task at hand with a proven ability to meet targets. Possessing excellent communication and interactive skills to help players reach their maximum potential as a player. I am an extremely driven coach who sees potential in every rugby player and has a high belief that hard work beats skill every time and with my experience and knowledge of the game, allows me to get the best performance out of players at all ages.

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### Current work experience

#### London Irish RFC

#### **Community Rugby Coach**

**Sept 2015 - Date**

- To deliver professional coaching in Independent and State schools as well as clubs.
- Lead coach in coaching clinics and rugby camps.
- Build relationships with community clubs around local counties.
- Coach on London Irish match days and in tournaments which London Irish has been invited to.

#### Wasps RFC

#### **Academy DPP Lead Coach 2015-2016**

- Plan, Co-ordinate and Coach all sessions throughout the 2015/2016 season.
- Develop young promising talent through the ranks to become the best they could be and progress their playing career.

### Previous Work Experience

#### London Scottish FC

#### **Academy Team Manager / 1XV Assistant Team Manager**

**Sept 2014 - Date**

- Liaising with all team members, coaches and officials to ensure all are aware of training timings, competitions and club functions.
- Act as a liaison between club and team and between opposition teams.
- Distribute all relevant information to coaches and players on updates.
- Administrate all information and general administration work i.e. reply to emails from internal and external partnerships, answer telephone calls and write reports.
- Arrange travel and accommodation for away fixtures.
- Coach talented rugby players from ages 18-23 years.

#### Harlequins RFC

#### **Community Rugby Coach/Inner City Academy Coach**

**2007-2009/2013-2014**

- Deliver professional coaching to the community.
- Coach talented players in the inner city of London Academy.

## N Key skills & Personal Information

### Areas of expertise

- Coaching Defence 15-a-side
- Coaching Continuity 15-a-side
- Coaching the Breakdown
- Team Managing
- Interaction with Internal and External Partnerships

### Professional abilities

- Experience of working within a team and using own initiative
- Diary & Priority Management
- Experience of working on improvement of delivery
- Experience of contract management and performance monitoring
- Ability to meet variable targets
- Experience in handling non-performance.
- Ability to communicate with all internal/external partnerships.
- Enhanced DBS

### Personal skills

- Communicating
- Common Sense
- Problem Solving
- Decision-making
- Full Driving Licence

### Academic qualifications

- Sports Coaching Science Degree 2:1
- BTEC National Certificate in Sport & Exercise Science
- Eight GCSE's including English Maths and Science
- UKCC Level 1 Rugby Coaching
- UKCC Level 2 Rugby Coaching
- RFU Level 1 Referee
- CPD Coaching Attack Play
- CPD Coaching Defence
- CPD Coaching Maul & Ruck
- CPD Game Planning
- CPD Goal Setting
- CPD Player Profiling
- CPD Scrum Factory
- Safeguarding Protecting Children
- Coaching the Disabled
- Equity in your Coaching

**Rugby Football Union (RFU)**  
**(Casual) England Community Rugby Coach/All Schools**  
**Coach**  
**October 2013 - October 2015**

- Deliver high standards of rugby coaching to grassroots clubs and schools.
- Take the lead on coaching in schools with children from difficult backgrounds.

**Ealing Council**  
**Assistant Sports Development Officer**  
**August 2013 - Sept 2014**

- Assisted management to implement improvement opportunities to ensure continuous development of service.
- Manage and Coach children and adults in such events like the London Youth Games
- Organising, developing and delivering a varied range of sporting activities or programmes.
- Manage budgets
- Producing promotional materials and displays
- Keeping statistical and financial records
- Liaising and working with relevant organisations or agencies including youth services, schools, clubs, sports coaches and sports councils.

**Playing Career**

- London Irish Academy
- Harlequins Academy
- London Welsh Academy / 1XV
- Harlequins RL Academy

**Representative Honours**

- Middlesex U14/U15/U16/U17/18 - 1XV
- South East England RL U18
- England U18 trials
- England Colleges/Universities

**References**

Available on request

**Contact details**

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