

Mathew John Ross

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Personal statement

I am an enthusiastic individual that endeavours at all times to develop the game of rugby to the best of my ability. I have played since a young age and coached for that last 3 years where I have continued to develop myself as a player and a coach. I have a fantastic personality and a great sense of humour that aids my delivery throughout my coaching which has been brought to light through the positive feedback I receive on a regular basis from the schools I coach in. As a player I am a leader and a motivator which impacts effectively on the performances of the team each week.

Employment -

2014-Present

Blairgowrie Rugby Development Officer

- *Responsible for recruiting coaches, providing appropriate training and managing finances for event.*
- *Deliver club sessions to maintain and increase participation numbers.*
- *Organise and run Blairgowrie RAMS camps for P1 up to U16.*
- *Delivered rugby to 10 local primary schools to increase participation leading to Commonwealth festivals at the end of the school year.*
- *Assisted in the creation of a girls' rugby hub leading to an increase in rugby participation within the Tayside area.*

2013

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President of Perth College UHI student union rugby development team

- *Founder of Perth College Rugby*
- *Increase participation of rugby through the college.*
- *Organise and develop rugby with the help of universities throughout Scotland.*
- *Communicate with sponsors and other professional bodies such as Scottish Rugby to create a stable base for the club to thrive from.*

2012-2013

Modern Apprentice Community Coach

- *Delivered rugby to 32 local primary schools with an end goal per block to bring schools to Perthshire RFC for festival days.*
- *Assisted the delivery of school of rugby sessions at Perth Academy alongside the RDO.*
- *Management and administration of camps, festivals and one off events such as the world record attempt. This involved communicating with other professionals, managing money, creating plans and making sure all paper work was complete for the record to be sent off.*
- *Supported other club coaches whilst organising and communicating with other clubs to make events happen, such as the PCS festival in Perth.*

- *Ongoing placements to pick up qualifications for my own CPD.*
- *Created and maintained club to school links through and outwith Active Schools. This helped with recruitment of players as schools were willing to pass on information from Perthshire RFC to children about events.*
- *Organised and refereed secondary school games in relation to the rugby structure Perthshire RFC had set up.*
- *Organised, promoted, managed the Perthshire Touch Rugby league for season 2012/13 during the summer.*
- *Supported skills camps and pathway camps within Tayside by delivering sessions to improve player standards before selection for county.*

2011-present

Appointed Positions (temporary)

- *2011 – 2012 - Worked with Jeanfield Swifts FC U10 age group as an assistant coach.*
- *2012 - 2013 –Head coach of P1-3 at Perthshire RFC where I delivered sessions and supported parents to transport players to games and festivals.*
- *2014 – Delivered after school sessions within Perth as part of a 10 week block organised by Perthshire RFC.*

Additional Qualifications

UK Sports Coach(UKCC) Level 1 in Rugby ; Strength and Conditioning in Rugby Level 1 (Scottish Rugby); Level 1 refereeing in Rugby (Scottish Rugby) ; Rugby ready certificate (Scottish Rugby ; Disclosure Scotland ; Protection and safeguarding of children; First aid in sport; Completion of Bronze; Silver and awaiting completion of Gold Duke of Edinburgh award; Full UK driving license.

Education

<u>Qualification</u>	<u>Subject</u>	<u>Grade</u>	<u>Year</u>
HNC	Coaching and Development sport.	A	2014
SVQ	Community coach	Pass	2013
Higher	Physical Education	C	2012
Intermediate 2	English	B	2012
Intermediate 2	Maths	C	2012
Intermediate 2	Biology	D	2012